

Plantation Aquatic Complex Rules

Pools & Facility

1. **Follow the directions of the lifeguards.**
2. Running is not allowed on the pool deck.
3. All patrons must shower before entering the pool.
4. Glass containers are not allowed within the swimming complex area.
5. Alcoholic beverages are not allowed at the pool or in public parks.
6. No smoking.
7. No underwater hypoxic training permitted.
8. No foul language.
9. Children younger than twelve (12) years of age must be accompanied by a responsible adult (16 years and older) to enter the pool.
10. U. S. Coast Guard approved floatation devices ONLY. Any child wearing a floatation device must be accompanied by a responsible adult within arm's reach. Water wings and other inflatables are not permitted.
11. Proper swimming attire (conventional bathing suit) must be worn.
12. No horse play.
13. Diving and flips from the side of the pool are not allowed.
14. No pets of any kind are allowed at the pool or in public parks.
15. **Changing diapers on pool deck is prohibited by state law.** Changing tables are provided in locker rooms and restrooms. Babies and toddlers must be in swim diapers.
16. Nearest telephone for emergency use is located inside Lifeguard/Coaches office.
17. No food or drink on deck.
18. No squirt guns or water guns of any kind are permitted.
19. Short course lap swimming is always available. Lap swimmers may be required to share lanes.
20. No black fins.

Dive Well

1. Only one (1) person on diving board at a time. Go straight off the end and immediately swim away to the nearest ladder.
2. No more than one (1) bounce.
3. No backward or inward dives or jumps.
4. Only one (1) person at a time is allowed on ladder.
5. Use of the 5-meter platform is restricted to those 13 years of age and older.

Water Play Area

1. Play area is open during regular business hours.
2. **Changing diapers on pool deck is prohibited by state law.** Changing tables are provided in locker rooms and restrooms.
3. Children in diapers must have rubber pants and/or tight fitting suit covering diaper.
4. No food or drink on deck.
5. Do not climb on structure.
6. Play area is for children no taller than the entry gate.
7. Tables and chairs are to be kept along the fence.