

OFFICE OF THE MAYOR
Lynn Stoner
Mayor
Phil Goodrich
Park & Recreation, Director
Christopher Cooksey
Aquatics Manager



CITY COUNCIL
Ron Jocabs
President
Erik Anderson
President, Pro Tem
Jennifer Andreu
Timothy J. Fadgen
Nick Sortal



Our facility offers:

- Two outdoor, heated Olympic 50 meter x 25 yard training pools configured for LCM or SCY practices. Starting blocks available in the short course pool.
- Opportunities to conduct informal dual or tri swim meets with other visiting teams
- Diving well with:
 - Three 1-meter springboards
 - Three 3-meter springboards
 - One 5-meter diving platform
- On-deck men's and women's bathrooms and hot showers
- On-site locker rooms
- One-mile outdoor track around Central Park Lake with Fitness Trail
- Walking distance to many area hotels
- Conveniently located for flights in and out of the Fort Lauderdale-Hollywood International Airport
- Two hospitals and two urgent care centers located nearby
- Minutes to area beaches and Atlantic Ocean open water swimming
- South Florida's endless social and recreational activities



City Of Plantation
9151 NW 2nd Street, Plantation, FL 33324
T: (954) 452-2525 F: (954) 452-2519
ccooksey@plantation.org



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Please fill out all applicable sections of the Visiting Team Request and return to Chris Cooksey. Below are our team training guidelines, by submitting the Visiting Team Request form you indicate that you understand and will observe these guidelines while training. If you wish to discuss your arrangements, please call 954-916-5608 or e-mail ccooksey@plantation.org.

PLANTATION AQUATIC COMPLEX
Visiting Team Request

Team or Club Name: _____

Street Address: _____

Country: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Dates of Use: Start Date: _____ End Date: _____

Preferred start time: 1st choice _____ am _____ pm / 2nd choice _____ am _____ pm

Special Requests: _____

Dates you will not be using facility during the above time period: _____

Number of Swimmers: _____ Number of Divers: _____

Head Coach: _____ Asst. Coach: _____

Head Coach Cell Phone: _____ Asst. Coach Cell Phone: _____

Travel Plan Form (If known)

Date of Arrival: _____

Time of Arrival: _____

Date of Departure: _____

Time of Departure: _____

Accommodation Hotel: _____



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Team Training Guidelines

Scheduling & Payment

- The scheduling of any training must be approved in advance by Aquatics Management
- A Certificate of Liability insurance, following our guidelines, must be sent in and approved by the City's Risk Manager
- Before your training start date, all administrative and athlete fees must be paid.
 - Fees:
 - **Non-Refundable Team Deposit:** \$95.00
 - **Athlete Gate Fee:** \$10/athlete/day
 - Payments may be made in the form of cash, check, money order, AMEX, VISA, or MasterCard.
 - Checks must be made out to "**The City of Plantation**"
- **Training space is reserved according to the total number of swimmers registered. Teams will be assigned one long course and one short course practice per day, unless otherwise requested.**
 - We use the following ratios for scheduling lanes:
 - Four to five per lane, short course yards (Maximum 13 lanes)
 - Eight to ten per lane, long course meters (Maximum 7 lanes)
 - Teams may be allotted additional space, based on availability.
- All training sessions will be scheduled in 2-hour increments
- First and second preferred start times are not guaranteed and may change during your training visit. We will do our best to keep a consistent schedule close to your preferred times.
- Returning teams can submit the next year's Visiting Team Request starting January 1st. New teams can submit a Visiting Team Request any time, but will be considered beginning April 1st.
- Management reserves the right to deny any visiting team request

Team Timeline

Once your request has been approved, the Certificate of Liability Insurance and Team Deposit should be turned in as soon as possible. This will lock in your training trip. Late payments could result in the forfeiture of your training spot.

- **90 Days Prior**
 - 50% of the Athlete Gate Fees are due. This will be calculated based off the Request form.
 - Travel Information, unless already submitted, is due
 - ***Last day to submit Certificate of Liability Insurance and Team Deposit***
- **60 Days Prior**
 - Final head count is due
- **30 Days Prior**
 - Remaining balance is due

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Refund Policy

- **90+ Days Prior**
 - Any athlete fees paid will be fully refunded
 - City will retain Non-refundable Team Deposit
- **30 – 89 Days Prior**
 - City will retain Non-refundable Team Deposit & 50% of the total Athlete Gate Fees
- **1 – 29 Days Prior**
 - City will retain Non-refundable Team Deposit & 75% of the total Athlete Gate Fees

Weather Policy

When it becomes apparent inclement weather is threatening, the Aquatic Manager/Assistant Aquatic Manager, Lead Lifeguard, or lifeguard will make the call to close the facility. The lifeguard will immediately prompt one long whistle blast, signaling for everyone to get out of the water due to weather. Weather closures include:

1. Thunder/Lightning
 - a. If Thor Guard (the lightning prediction system used at the Plantation Aquatic Complex) goes off (1 long horn blast for 15 seconds), the lifeguards will clear everyone off the deck and into the main building. All pool activities will be suspended until the all clear is given by Thor Guard (3 short horn blasts, each 5 seconds).
 - i. Thor Gard is designed to provide its user with reliable lightning prediction. This will always be followed if it goes off.
 - b. If Thor Guard has not gone off, the facility may be closed if lightning is seen by the lifeguards. The pool will be closed for 30 minutes from the last sight of lightning. The sound of thunder will be taken into consideration as well
 - c. If storms persist for multiple hours and causes activities to be cancelled, the lead lifeguard/lifeguards on duty will check with an aquatic professional staff member to determine whether to close facilities for the remainder of the day.
2. Heavy Rain/Strong Winds
 - a. Can cause visibility problems where the bottom of the pool cannot be seen. When the bottom of a pool's main drains or black lane markers cannot be seen or if the weather presents an unsafe situation, the lifeguard(s) will suspend all activity and follow appropriate procedures.
 - b. People may remain on the deck during heavy rain/wind, but be aware lifeguards may ask people to come to the main building if it is severe and/or will last for a prolonged time.

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3. Fog
 - a. If fog prevents lifeguards from seeing their entire zone (surface and depth of water), the pool will be closed until the fog clears up.

4. Temperature
 - a. Pools will close if the air temperature, including wind chill, drops below 45 degrees or is predicted to drop below 45 degrees.
 - b. If pool water temperature is below 75°F or above 95°F, the pools will be closed until the temperature of the water is back within normal limits.

5. Hail
 - a. If the facility were to experience hail of any kind, lifeguards will clear the pool and ask everyone inside the main building until it subsides.